## I CLAIM:

1. A programmable conductor memory cell for an integrated circuit, comprising: a memory cell body comprising a glass electrolyte with metal ions disposed therein, the cell body having a cathode surface in contact with a cathode and an anode surface in contact with an anode and filling a cell body via in a first insulating layer, thereby defining a sidewall where the memory cell body and the first insulating layer make contact;

a second insulating layer over the first insulating layer; and

the anode at least partially filling an anode via through the second insulating layer, the anode contacting only a central portion of the anode surface of the memory cell body, the central portion spaced inwardly from the sidewall of the memory cell body.

- 2. The programmable conductor memory cell of Claim 1, wherein the anode via is smaller in width than the memory cell body, and a sidewall edge of the memory cell body where the sidewall meets the anode surface is covered by the second insulating layer.
- 3. The programmable conductor memory cell of Claim 1, wherein the anode via is about the same width as the memory cell body, and the anode via is lined with a spacer that covers a sidewall edge of the memory cell body where the sidewall meets the anode surface.
- 4. The programmable conductor memory cell of Claim 3, wherein the spacer comprises an insulating material.
- 5. The programmable conductor memory cell of Claim 3, wherein the spacer has a thickness extending into the anode via between about 5 nm and 30 nm.
- 6. The programmable conductor memory cell of Claim 3, wherein the spacer comprises silicon nitride.
- 7. The programmable conductor memory cell of Claim 1, wherein the cell body comprises a plurality of layers.
- 8. The programmable conductor memory cell of Claim 1, wherein the anode via is filled with metal.
- 9. The programmable conductor memory cell of Claim 8, wherein the metal in the anode via is contiguous with a metal layer over the second insulating layer.

10. The programmable conductor memory cell of Claim 1, wherein the cathode comprises tungsten.

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- 11. The programmable conductor memory cell of Claim 1, wherein the memory cell body comprises a chalcogenide glass electrolyte material.
- 12. The programmable conductor memory cell of Claim 11, wherein the metal ions are selected from the group consisting of silver, copper, zinc and combinations thereof.
- 13. The programmable conductor memory cell of Claim 11, wherein the anode comprises silver.
- 14. The programmable conductor memory cell of Claim 13, wherein the glass electrolyte material comprises silver-germanium-selenium.
- 15. The programmable conductor memory cell of Claim 1, wherein a distance between the cathode surface and the anode surface of the memory cell body is about 25 nm to 100 nm.
- 16. The programmable conductor memory cell of Claim 1, wherein a width of the memory cell body via is between about 100 nm and 500 nm.
- 17. The programmable conductor memory cell of Claim 1, wherein a width of the memory cell body via is between about 200 nm and 300 nm.
- 18. The programmable conductor memory cell of Claim 1, wherein the first insulating layer comprises silicon nitride.
- 19. The programmable conductor memory cell of Claim 18, wherein the first insulating layer has a thickness between about 10 nm and 200 nm.
- 20. The programmable conductor memory cell of Claim 18, wherein the first insulating layer has a thickness between about 25 nm and 150 nm.
- 21. The programmable conductor memory cell of Claim 1, wherein the second insulating layer comprises silicon nitride.
- 22. The programmable conductor memory cell of Claim 20, wherein the second insulating layer has a thickness between about 50 nm and 200 nm.
- 23. The programmable conductor memory cell of Claim 22, wherein the second insulating layer has a thickness between about 80 nm and 150 nm.

- 24. The programmable conductor memory cell of Claim 1, wherein the anode via has a width no greater than the width of the cell body via.
  - 25. A programmable conductor random access memory cell, comprising:
  - a silver-germanium-selenium glass electrolyte memory cell body over a cathode and surrounded by a first insulating layer;
  - a second insulating layer over the first insulating layer, having an anode via therethrough;
    - a spacer lining the anode via; and

- a silver anode making contact to the memory cell body through the anode via lined with the spacer.
- 26. The programmable conductor memory cell of Claim 25, wherein the spacer comprises an insulating material.
- 27. The programmable conductor memory cell of Claim 26, wherein the spacer comprises silicon nitride.
- 28. The programmable conductor memory cell of Claim 27, wherein the thickness of the spacer is between about 5 nm and 30 nm.
- 29. A programmable conductor random access memory cell comprising insulating spacers along sidewalls of an anode via, the via providing a connecting path between an anode and a memory cell body.
- 30. A programmable conductor random access memory cell comprising an anode in an anode via through an insulating layer, the anode making contact with only a central portion of a glass electrolyte element.
- 31. The programmable conductor memory cell of Claim 30, wherein the glass electrolyte comprises silver-germanium-selenium.
- 32. The programmable conductor memory cell of Claim 30, wherein the anode comprises silver.
  - 33. A method of forming a programmable conductor memory cell comprising: forming a cathode;

forming a glass electrolyte element in isolation from other active areas and in contact with the cathode;

forming an insulating layer over the glass electrolyte element;

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forming an anode via in the insulating layer, thereby exposing a surface of the glass electrolyte element;

depositing a layer of spacer material that conforms to contours of the anode via and the insulating layer;

preferentially etching horizontal portions of the spacer material to expose a central portion of the surface of the glass electrolyte element; and

depositing a layer of conducting material sufficiently thick to fill the anode via and to provide a conducting layer over the insulating layer, thus forming an anode.

- 34. The method of Claim 33, wherein forming the glass electrolyte element comprises forming a germanium-selenium glass and introducing silver ions into the glass by deposition of a silver layer over the glass and subsequently diffusing silver from the silver layer into the glass.
- 35. The method of Claim 34, wherein diffusing silver into the glass comprises photodissolution.
- 36. The method of Claim 33, wherein forming the glass electrolyte element comprises forming a first germanium selenide layer, an intervening metal selenide layer over the first germanium selenide layer, and a second germanium selenide layer over the intervening metal selenide layer.
- 37. The method of Claim 33, wherein forming the insulating layer comprises depositing silicon nitride.
- 38. The method of Claim 33, wherein the anode via is formed to a width between about 200 nm and 300 nm.
- 39. The method of Claim 33, wherein depositing the layer of spacer material comprises depositing a layer of insulating material.
- 40. The method of Claim 39, wherein depositing the layer of spacer material comprises depositing a layer of silicon nitride.
- 41. The method of Claim 40, wherein the layer of spacer material is deposited to a thickness between about 5 nm and 30 nm.

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42. The method of Claim 33, wherein preferentially etching comprises reactive ion etching.

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- 43. The method of Claim 33, wherein depositing a layer of conducting material comprises depositing silver.
  - 44. A method of forming a programmable conductor memory cell comprising: forming a cathode;

forming a glass electrolyte element in isolation from other active areas and in contact with the cathode;

forming an insulating layer over the glass electrolyte element;

forming an opening in the insulating layer, to expose a surface of the glass electrolyte element; and

depositing a layer of conducting material into the opening to contact only the central portion of the surface of the glass electrolyte element, thus forming an anode.

- 45. The method of Claim 44, wherein forming the opening comprises:
  etching a via through the insulating layer;
  blanket depositing a spacer material layer; and
  preferentially etching horizontal portions of the spacer material layer to
- expose the central portion of the surface of the glass electrolyte element.
- 46. The method of Claim 45, wherein the spacer material comprises an insulating material.
  - 47. The method of Claim 46, wherein the insulating material is silicon nitride.
- 48. The method of Claim 44, wherein forming the opening in the insulating layer comprises patterning and etching using a mask with an opening smaller in width than the glass electrolyte element and having the opening arranged concentrically over the glass electrolyte element.